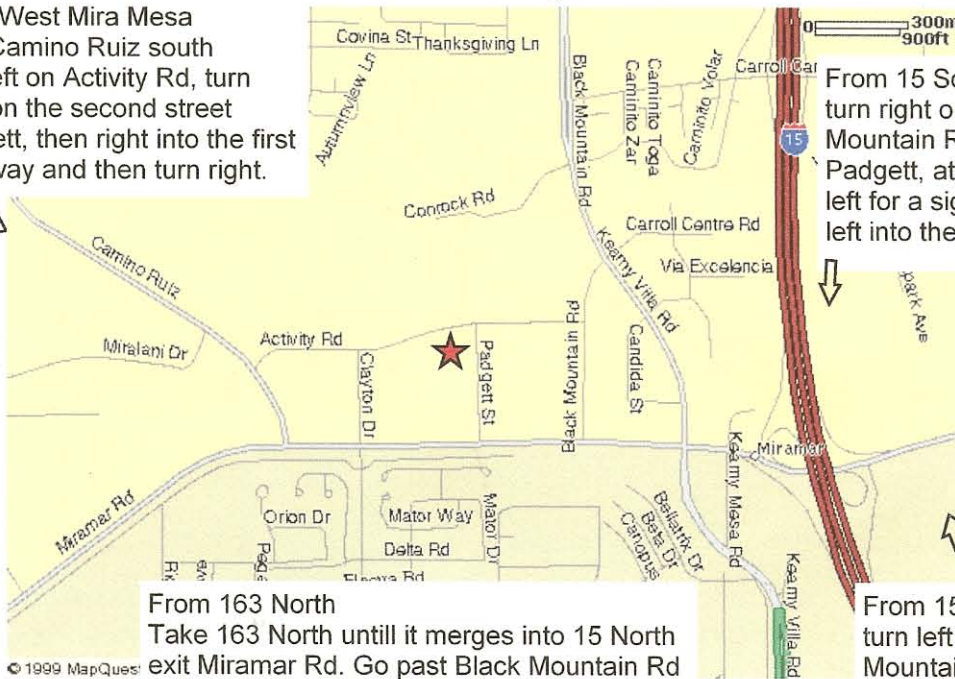


Directions to Chiropractic and Massage Healing Arts 9265 Activity Rd #111 858-578-5775

From East Mira Mesa
take Black Mtn Rd south.
Turn right at Activity Rd and left on
the first street, Padgett then right into
the first driveway and then turn right.

From West Mira Mesa
take Camino Ruiz south
turn left on Activity Rd, turn
right on the second street
Padgett, then right into the first
driveway and then turn right.



From 15 South exit Miramar Rd
turn right onto Miramar Rd. Go past Black
Mountain Rd and turn right on the next street
Padgett, at the Mayflower Building. Look on the
left for a sign "Activity Business Center" turn
left into the next driveway and then turn right.

From 163 North
Take 163 North until it merges into 15 North
exit Miramar Rd. Go past Black Mountain Rd
and turn right on the next street Padgett, at
the Mayflower Building. Look on the left for a
sign "Activity Business Center" turn left into
the next driveway and then turn right.

From 15 North exit Miramar Rd
turn left onto Miramar Rd Go past Black
Mountain Rd and turn right on the next street
Padgett, at the Mayflower Building. Look on
the left for a sign "Activity Business Center"
turn left into the next driveway and then turn
right.

